



## Yoga in the Park

Ages 4 and up

Join us in a beautiful outdoor setting at the Bob Jones Nature Center and Preserve. Learn more about the ancient tradition of yoga while you explore flexibility, balance and strength. Feel free to bring a lunch to enjoy after the class is over. Please bring a yoga mat or blanket.

**Location:** Bob Jones Nature Center & Preserve

**Instructor:** Eva Rosenkranz

[eva@yogaeducationforschools.com](mailto:eva@yogaeducationforschools.com)

Min 6 - Max 10

Day	Date	Time	Cost	Code
Sa	May 22	11:00 am-12:00 pm	\$7	5006.10a